



NCCP Weightlifting Coach Certification Pathway



Individuals aspiring to coach athletes or start weightlifting clubs within the BCWA must complete the Canadian NCCP (National Coaching Certification Program) coach certification pathway. The pathway consists of a series of in-person technical workshops, multi-sport modules (in-person or online), and evaluations. There are 2 certification levels within the pathway with each level having a “Trained” and “Certified” status.

NCCP Competition Introduction - Trained: permits coaching of athletes at BCWA sanctioned local & provincial events.

NCCP Competition Introduction - Certified: permits coaches to start a weightlifting club with BCWA

NCCP Competition Development - Trained: coaches become eligible to represent Team BC at Senior Nationals

NCCP Competition Development - Certified: coaches become eligible to represent Team Canada at international events

The following pages indicate the required in-person workshops, multi-sport modules, and evaluation submission requirements for each status. Individuals must contact BCWA directly to request an evaluation when they are ready to become fully certified for each certification level.

It's the individual's responsibility to self-report any non-NCCP continuing education courses and ensure that the contents in their coach.ca Locker is up to date and accurate.

Take this in-person 2-day practical workshop.
Find the next course [HERE](#)

Complete each of these NCCP Multi-Sport
courses. Find each course at ViaSport [HERE](#)

Complete this online evaluation in your
coach.ca Locker

Minimum of 8-months of coaching one, new
athlete and must have prepared that athlete
to compete at a BCWA sanctioned
competition. Contact BCWA to request Comp
Intro evaluation to get the process started.

“COMPETITION INTRODUCTION - TRAINED”

- Weightlifting Competition Introduction Workshop
- Make Ethical Decisions
- Planning a Practice
- Nutrition

“COMPETITION INTRODUCTION - CERTIFIED”

- Make Ethical Decisions Online Evaluation
- Competition-Introduction, Portfolio Evaluation
- Competition-Introduction, Competition Evaluation

Take this in-person 2-day practical workshop.
Find the next course [HERE](#)

Complete each of these NCCP Multi-Sport courses. Find each course at ViaSport [HERE](#)

Complete each of these online evaluations in your coach.ca Locker

Minimum of 1-year of coaching after achieving Comp Dev - Trained status and must have prepared their athlete to achieve the national standard. Contact BCWA to request Comp Dev evaluation to get the process started. The portfolio, in-training, and competition evaluations are conducted by MCD's and are coordinated by WCH.

“COMPETITION DEVELOPMENT - TRAINED”

- Analyze Technical and Tactical Performance Workshop
- Managing Conflict
- Developing Athletic Abilities
- Prevention and Recovery
- Psychology of Performance
- Advanced Practice Planning
- Performance Planning
- Analyze Technical and Tactical Performance
- Leading Drug-free Sport

“COMPETITION DEVELOPMENT - CERTIFIED”

- Managing Conflict Online Evaluation
- Make Ethical Decisions Online Evaluation
- Leading Drug-free Sport Online - Evaluation

- Competition-Development, Portfolio Evaluation
- Competition-Development, In Training Evaluation
- Competition-Development, Competition Evaluation