

Medals and Awards for Competition Hosting

When a club hosts a competition, they will be responsible for awarding medals. The BCWA requires a minimum baseline of the following awards:

1. 1st, 2nd and 3rd place medals for each weight class.
2. Best overall Male and Female lifter.
3. Best Team: 4 males+4 females using the IWF point system* with a maximum of 2 lifters per weight class

Additional awards are optional:

1. Best Male/Female Masters Lifter
2. Best Male/Female Junior Lifter
3. Best Male/Female Youth Lifter
4. Recognition of achievement awards
5. Gifts, prizes, raffles, swag bags etc.

*IWF point system for team awards:

1st - 28

2nd - 25

3rd - 23

4th - 22

Each place goes down by 1 point after 3rd.