

Preparing for your Competition

This document is to be used to prepare for your competition so you can use the Olympic Weightlifting Competition Management System.

This document extrapolates on the timeframe given the directions given here <https://jflamy.github.io/owlcms4/#/Preparation>

2-4 Weeks Before

1. Download the OWLCMS software from the website and install it on a computer that you own.
2. Review the Preparation Guide linked above, become familiar with the software, play around with the Sample Competition.
3. Download the Blank Athlete Registration template and fill it out using the export provided by BCWA.
4. In OWLCMS Configure the correct parameters for your competition (Masters, Groups, Weigh-In time, Name, etc.)
5. Upload the Completed Registration sheet to OWLCMS.
6. Download the Start List and send to BCWA to post on the website.

1. Download: <https://jflamy.github.io/owlcms4/#/index>

2. Registration: <https://jflamy.github.io/owlcms4/#/Registration>

3. Start-List: <https://jflamy.github.io/owlcms4/#/WeighIn>

1-3 Days Before

You must prepare for the day of the event, typically Competition Organizers do not have much time to prepare the documents before the competition starts on the day of, so this should be done with as much time as possible.

1. Download the latest release of OWLCMS onto a USB stick.
2. Copy the Filled-out Athlete Registration sheet onto the same USB stick. Make sure that this spreadsheet contains any edit or modifications you've done to the installation on your computer.
3. **Print off the Athlete Cards.** If you do this at home this **MUST** be printed on **Hammermill 60lb 8.5x11**. Failure to print on this paper leads to sub-par quality athlete cards. BCWA has this paper along with the printer available to use.

1. Athlete Cards: <https://jflamy.github.io/owlcms4/#/WeighIn>

Competition Setup Day

1. Install the latest OWLCMS from your USB stick onto the BCWA computer. Do not worry, you can overwrite anything that is currently installed.
2. Configure the competition with your specifics (Groups, Masters, etc)
3. Upload the completed Athlete registration spreadsheet
4. Make sure everything is accurate and you are ready for the first weigh-in tomorrow

This would be a good time to do a sample test of the competition hardware, you may run the Sample Competition at this time to test the connectivity features if you do not want to mess with your database.

Do not worry about saving your progress, as everything is saved automatically.

The Results

For BCWA to provide the results to the general public and CWFHC et al, the results need to be exported and provided to BCWA.

1. Using the USB stick you have brought with you, generate the full results package and place it on the USB stick
2. Verify the results against the cards
3. Email the results to executive@bcweightlifting.ca

1. Results: <https://jflamy.github.io/owlcms4/#/Documents>